

Modulation of metabolic brain networks after subthalamic gene therapy for Parkinson's disease

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Edited by Marcus E. Raichle, Washington University School of Medicine, St. Louis, MO, and approved October 18, 2007 (received for review June 26, 2007)

Parkinson's disease (PD) is characterized by elevated expression of an abnormal metabolic brain network that is reduced by clinically effective treatment. We used fluorodeoxyglucose (FDG) positron emission tomography (PET) to determine the basis for motor improvement in 12 PD patients receiving unilateral subthalamic nucleus (STN) infusion of an adenoassociated virus vector expressing glutamic acid decarboxylase (AAV-GAD). After gene therapy, we observed significant reductions in thalamic metabolism on the operated side as well as concurrent metabolic increases in ipsilateral motor and premotor cortical regions. Abnormal elevations in the activity of metabolic networks associated with motor and cognitive functioning in PD patients were evident at baseline. The activity of the motor-related network declined after surgery and persisted at 1 year. These network changes correlated with improved clinical disability ratings. By contrast, the activity of the cognition-related network did not change after gene transfer. This suggests that modulation of abnormal network activity underlies the clinical outcome observed after unilateral STN AAV-GAD gene therapy. Network biomarkers may be used as physiological assays in early-phase trials of experimental therapies for PD and other neurodegenerative disease.

brain metabolism | positron emission tomography

Parkinson's disease (PD) is characterized by a progressive loss of dopaminergic neurons in the substantia nigra, which leads to abnormal functioning of interacting inhibitory GABAergic and excitatory glutamatergic pathways in components of neural networks controlling movement (1). The activity of the subthalamic nucleus (STN) is increased in PD, largely because of reduced tone of GABAergic afferent fibers from the external globus pallidus (GPe) (2). In turn, the hyperactive glutamatergic efferents drive the internal segment of the globus pallidus (GPi) and the substantia nigra pars reticulata (SNr), resulting in the alterations in thalamic and motor cortical neural activity. Based on the notion that reducing glutamatergic neurotransmission may reverse the motor deficits of PD by normalizing brain activity within these circuits, we used adenoassociated virus (AAV) to deliver the glutamic acid decarboxylase (*GAD*) gene directly into STN (3). Preclinical studies using animal models of PD suggest that transfer of the *GAD* gene into the STN can alter its activity while also increasing the evoked release of GABA in downstream targets (3–5). However, these effects cannot be directly assessed in human subjects receiving this form of gene therapy for parkinsonism.

Metabolic brain imaging with [¹⁸F]fluorodeoxyglucose (FDG) and positron emission tomography (PET) can provide a means of quantifying changes in spatially distributed neural systems after antiparkinsonian therapy (6, 7). The motor manifestations of PD are associated with increased expression of an abnormal disease-related covariance pattern (PDRP) characterized by increases in pallidothalamic metabolic activity with relative reductions in premotor and parietal association regions (8, 9).

Substantial evidence exists to show that pathological PDRP expression is reduced by therapeutic lesioning or deep brain stimulation (DBS) of the motor portions of GPi and STN and that these network changes correlate with clinical outcome after treatment (6, 7, 10–12). In contrast to the PDRP, these interventions do not affect the activity of the PD-related cognitive pattern (PDCP), a distinct prefrontal-parietal metabolic network associated with memory and executive functioning in nondemented PD patients (13, 14). The quantification of treatment-mediated changes in the activity of these metabolic networks may provide an objective means of gauging the effects of experimental antiparkinsonian therapy (15).

We have recently reported clinical findings from 12 patients who received unilateral STN AAV-GAD gene therapy for advanced PD (16). In the current study, we used FDG PET to assess the changes in regional metabolism and network activity that occurred with treatment. In addition to detecting localized metabolic changes in the thalamus and cortical motor regions ipsilateral to gene therapy, we found evidence of significant modulation of PDRP network activity that correlated with motor benefit. By contrast, there was no change in PDCP activity after STN gene therapy, consistent with the observed preservation of cognitive functioning in these patients. These data support a biological basis for the observed treatment response in patients undergoing this antiparkinsonian intervention.

Results

Changes in Regional Glucose Metabolism After Surgery. Regions in which glucose metabolism changed significantly after surgery are presented in Table 1 and Fig. 1. After surgery, metabolic activity changed in the thalamus and motor cortex of the operated hemisphere ($F_{2,22} = 10.84$, $P < 0.001$; one-way repeated-measures (RM)ANOVA for each of the two regions). In the thalamus (Fig. 1*A Upper*), significant metabolic reductions were present at 6 months ($P < 0.001$) and 12 months ($P < 0.005$) after surgery (Fig. 1*B Upper*). This treatment-mediated change was most pronounced in the ventroanterior (VA) and ventrolateral (VL) nuclei and in the mediodorsal (MD) nuclei. Additionally, an increase in glucose metabolism after surgery was detected in the ipsilateral primary motor area extending into the adjacent premotor cortex (Fig. 1*A Lower*). In this region, significant

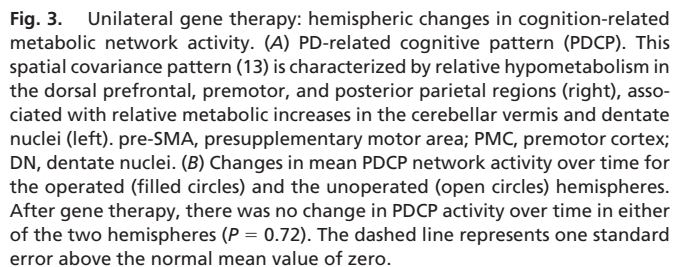
Author contributions: A.F. and M.G.K. contributed equally to this work; A.F., M.G.K., M.J.D., and D.E. designed research; A.F., M.G.K., P.M., V.D., and D.E. performed research; A.F., M.G.K., C.T., T.L., P.M., and D.E. analyzed data; and A.F., M.G.K., C.T., and D.E. wrote the paper.

Conflict of interest statement: M.G.K. and M.J.D. are founders of and consultants to Neurologix, Inc., which funded the current study. Either they or their families have significant ownership interest in the company. None of the remaining authors has involvement in Neurologix, and there are no other conflicts of interest.

This article is a PNAS Direct Submission.

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Baseline activity of the PDCP network (Fig. 3A) was also elevated in the patient group relative to the controls ($P < 0.001$; Student's t test). However, there was no significant change in network activity on either hemisphere across the three time points (Fig. 3B; time \times hemisphere interaction: $P = 0.65$, main effect of time: $P = 0.72$; two-way RMANOVA).

chosen for comparison with gene therapy. We found that in the treated hemispheres, operative changes in thalamic metabolism did not differ across interventions ($F_{2,15} = 0.46$, $P = 0.64$; one-way ANOVA). Metabolic activity in this region was reduced after STN surgery, whether with lesioning or AAV-GAD gene therapy (Fig. 4 *Left*). By contrast, in the treated hemispheres, changes in pallidal metabolism differed across interventions ($F_{2,15} = 9.67$, $P < 0.003$). In this region (Fig. 4 *Right*), the metabolic reductions that occurred after STN lesioning differed significantly from the changes that were observed with gene therapy ($P < 0.03$ and $P < 0.003$ for lesion versus the AAV-GAD subgroups with high and low clinical response; see *Materials and Methods*). Thus, in the treated hemispheres, declines in thalamic metabolism occurred with both STN lesioning and AAV-GAD. However, declines in pallidal metabolism occurred only with lesion, but not with gene therapy. No significant difference between interventions was evident in either of these brain regions on the unoperated hemispheres ($P > 0.28$; one-way ANOVA).

In addition to detecting highly localized metabolic changes after gene therapy, we also quantified changes in the activity of the PDRP, an abnormal motor-related metabolic network that is modulated by effective antiparkinsonian therapy (7, 15). By quantifying PDRP activity on a hemisphere-by-hemisphere basis (12, 17), we found that the time course of the changes on the untreated

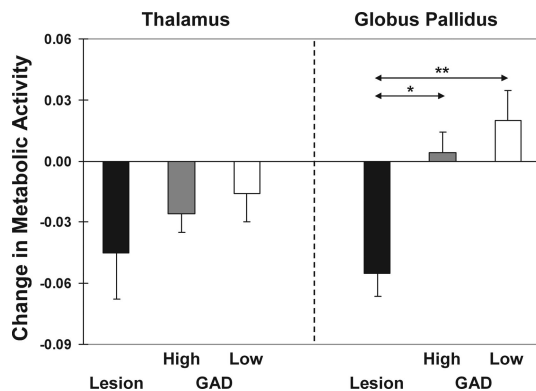


Fig. 4. Comparison of subthalamic gene therapy and lesioning. Bar graph illustrating changes in regional glucose metabolism in the thalamus (*Left*) and the globus pallidus (GP) (*Right*) after the unilateral subthalamotomy (black bar) or gene therapy (gray and white bars) for the high and low clinical response subgroups, respectively; see *Discussion*). In operated hemispheres, the declines in thalamic metabolism were not different across the three treatment groups. By contrast, reduced GP metabolism was observed only after STN lesioning but not after gene therapy. *, $P < 0.05$; **, $P < 0.005$; Bonferroni tests relative to the lesioning group; bars represent standard error.

side was consistent with the natural history of the disease (14) (see *Materials and Methods*). Computed values from this hemisphere were therefore used to control for disease progression in estimates of the net treatment effect of gene therapy on whole-brain network activity. Indeed, we found that these progression-corrected network scores declined markedly after STN AAV-GAD, with significant reductions at 6 months that were sustained at 1 year. Although the clinical assessments were performed by an unblinded rater (16), these ratings correlated with objective measures of network modulation acquired in the same subjects. This is consistent with the presence of a treatment effect distinct from, or in addition to, any disease progression that may have occurred. By contrast, unilateral STN AAV-GAD did not affect the activity of a distinct spatial covariance pattern that related to the cognitive manifestations of the disease. Like PDRP, PDCP activity was significantly elevated at baseline. However, the gene therapy had no effect on the activity of this network in either hemisphere, in accordance with the observed absence of cognitive deterioration after treatment (16).

The time course of PDRP modulation after gene therapy appeared to differ for the three dose groups. Although the declines in network scores at 6 months were similar for the three dosing tiers, continuous declines beyond this time point were observed only for the high-dose group. Although the number of subjects in each group ($n = 4$) is too small for statistical comparison, this observation points to the possibility that high-dose AAV-GAD therapy results in relatively better metabolic responses than the low and medium doses. Given that the injection volume was constant across the three dosing tiers, it is unlikely that any dose-related differences in network modulation were the result of graded subthalamic tissue injury.

It is nevertheless difficult to fully exclude an effect of damaging the STN during the gene therapy. Indeed, lesioning this structure could potentially cause clinical and imaging changes similar to those observed in our patients (17, 24). Nonetheless, in our clinical study (16), we reported no significant change in motor scores at 1 month after surgery, as would have been expected after acute STN lesioning. Moreover, significant improvement relative to the 1 month ratings was evident at later time points, suggesting that the treatment response was delayed. This is, in fact, consistent with preclinical studies suggesting that after AAV-mediated gene transfer, maximal production of the gene product is not achieved for several weeks to months (3, 5, 25, 26). These clinical observations along with an absence of

radiographic evidence of STN damage at any time point, support the argument against the possibility that the observed metabolic changes were caused by lesioning.

To address this question more directly, we found that the local metabolic effects of STN AAV-GAD differed significantly from those occurring after therapeutic subthalamotomy. Reductions in thalamic metabolism occurred ipsilateral to treatment with both STN lesion and gene therapy. By contrast, pallidal reductions were present only with STN ablation, which is designed to interrupt overactive STN-GPi excitatory projections (27). The loss of this source of afferent pallidal input leads to a marked decline in GPi metabolic activity after therapeutic lesioning (17, 24). The absence of this effect after STN AAV-GAD, even in subjects with clinical benefit comparable with subthalamotomy (i.e., those in the high clinical response subgroup), likely reflects the fact that these projections are left intact after gene therapy. This is consistent with the notion that after gene therapy, the phenotype of STN neurons is altered such that GABA is now released via efferent projections to target structures, with concomitant reduction in glutamatergic outflow (3). These imaging results, combined with the time course of clinical improvement, suggest that lesioning is unlikely to explain the persistent improvement in motor function observed after gene therapy. In fact, rather than reducing pallidal metabolism, STN AAV-GAD was associated with a trend toward bilaterally increasing metabolic activity in this region. This is compatible with ongoing disease progression (14) in addition to any treatment effect that may have occurred and justifies the progression-corrected network approach that we used.

In summary, significant improvements in both regional and network-related metabolic activity were observed after unilateral STN AAV-GAD gene therapy for PD. These changes, particularly the correlation between network modulation and clinical response, are consistent with the results of other therapeutic interventions for PD. We note that a potential placebo effect cannot be ruled out in these data. Employing the imaging approach described here as part of a blinded, placebo-controlled study will help clarify the relationship between changes in metabolic activity and objective, treatment-specific efficacy outcomes.

Materials and Methods

PET. We used FDG PET to study the metabolic course of the 12 PD patients (age 58.2 ± 6.7 years) who participated in an open-label safety and tolerability study of unilateral stereotaxic infusion of STN AAV-GAD for advanced disease. The details of the AAV-GAD preparation, surgical procedures, and the clinical methods and outcomes have been presented in detail in ref. 16. Briefly, the 12 subjects had a PD duration of at least 5 years and were in Hoehn and Yahr stage 3 or more. They were divided into three equal dosing groups [low, 1×10^{11} viral genomes (vg per milliliter), medium, 3×10^{11} vg per milliliter, or high, 1×10^{12} vg per milliliter], and all received the same final injection volume of 50 μ l.

All subjects were scanned off antiparkinsonian medications as described (7, 9). FDG PET scans were performed at baseline (within 1 month before surgery), with repeat imaging at 6 and 12 months after gene therapy. Ethical permission for these procedures was obtained from the institutional review boards of the participating institutions. Written consent was obtained from each subject with detailed explanation of the procedures.

Changes in Regional Metabolism After Surgery. Regional and global rates of glucose metabolism were computed on a voxel basis for each FDG PET scan as described (10). The metabolic images were processed by using SPM5 (Institute of Neurology, London) running on Matlab 6.5 (Mathworks). Images from subjects who

